



Barcelona

HOTELS

Gran Hotel La Florida.

Although it sits away from the coast, it's the ultimate place to reconnect with water. The spa, the indoor and outdoor pools; it's aqua relaxation at its most stylish.

Carretera Vallvidrera 8393. +34.93.259.30.00

Apartments @ Hotel Arts.

The Hotel Arts, situated in a 44-story tower designed by Bruce Graham, now offers luxury apartments on the top floors. Enjoy spectacular views including the Frank Gehry golden fish sculpture looking out to sea. A 24-hour butler service is available.

Carrer de la Marina 19-21. +34.93.221.1000

Prestige Paseo de Gracia.

The ultra-urban experience you're looking for. If the city's vibe is more important to you than a quiet time, fight your way through the crowds to this one. It's a loft-style living and pure party atmosphere.

Paseo de Gracia 62. +34.93.272.41.80

SPECIAL EVENTS

La Casa Mila. Gaudi's last achievement. Completed in 1910, it bares the master's colorful trademarks, as well as a stunning rooftop and a perfect view of the city and its narrow streets. **Passeig de Grcia 92. +34.93.487.36.13**

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October 07

RESTAURANTS

La Dama.

Entering the lobby of this gorgeous 1920s art nouveau building is like opening a door to the past. Old world charm oozes all around. Then back you come to the present day to sample the modern Catalan-International cuisine.

Avinguda Diagonal 423. +34.93.202.0686

Comerc 24.

A minimalist cave. But there are no cavemen to be found down here. In fact, everyone here feels on top of the world once they've sampled their excellent dish. Serious food and free jazz. Nice.

Carrer Comerc 24. +34.93.319.21.02

Lasarte.

Michelin three-star chef Martin Berasategui creates impressive modern Basque dishes. Not only is the food exciting but it is also one of the hottest spots in town. The small tasting menus are spectacular.

Mallorca 259. +34.93.445.3242



Barcelona

BARS

Noti.

A superb dinner and jazzy tunes among Barcelona's most fine-looking crowd. As the night progresses house takes over the jazz and the place turns in to a searing bar. It won't be too hard to spot some celebrity through the reflective glass and gold paneling.

C/Roger de Liuria 35. +34.93.342.6673

La Vinya Del Senyor.

This is the perfect place to come sample the joys of the grape. From the stalwarts to the very fashionable. Look out for the trendy Luis de Vernier reserva and the strangely bottled Xrypta.

Plaa Santa Maria 5. +34.93.310.3379

Rita Blue.

Three floors, three very different vibes. But all are smoldering hot. It's Tequila here and Margarita there. A nighttime rollercoaster for the senses. First stop is cocktails, last stop, is dancing. Enjoy the ride.

Placa Sant Augusti 3. +34.93.342.40.86

SPECIAL EVENTS

Museu Nacional d'Art de Catalunya. On the mountain of Montjuic is this artistic homage to Catalonia. Celebrate the Catalan tradition for groundbreaking art through the centuries, and compare to the Gaudi buildings on the horizon. A truly historic panorama. **Palau Nacional. Parc de Montjuc. +34.93.622.0360**

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CAFES

Textile Cafe.

The textile cafe is a touchy feely experience. It holds a warm and airy atmosphere. So sink into your seat and enjoying the shaded courtyard.

Carrer de Montcada 12. +34.93.268.2598

Cuines Santa Caterina.

Situated in the fabulously renovated Santa Caterina market is this lovely brasserie. Wonderful for a light business lunch. The menu combines local cuisine with a touch of Asian influence.

Francesc Cambo S/N. +34.93.268.9918

La Reina del Raval.

Located in the hippest neighborhood in town, this is the place to park yourself and enjoy the action while munching on some fine chow. The charming terrace is perfect for people watching.

Rambla del Raval 3. +34.93.443.3655